



CHICAGO
METROPOLITAN
SPORTS ASSOCIATION

2025 BEACH VOLLEYBALL

Captains Meeting
May 12th 2025

Roscoe's

Ask Questions on:

SLI.DO 4123557



CMSA VOLLEYBALL LEADERSHIP



Ed Hayes
Beach Commissioner
Indoor Commissioner
bodhayes@chicagomsa.org



Bill Barrett
Indoor Co-Commissioner
Beach Co-Commissioner
bodbarrett@chicagomsa.org



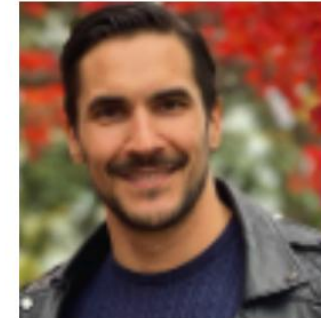
Natalie Guzman
Women's+ Beach Co-Commissioner
womensplusbeachvb@chicagomsa.org



Mark Ferraro
Indoor VB Board
Beach VB Board



Danny Larsen
Beach VB Board



Dragan Mackovic
Beach VB Board

VOLUNTEER BASED ORGANIZATION

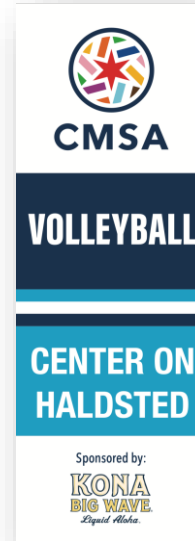
- Almost entirely Volunteer Based
 - Please be kind
 - Please be respectful
 - We are here to help
- Paid Staff



VOLUNTEER BASED ORGANIZATION

Special Thanks to:

John Sorci
Risque Queens



SPONSORS

Official Beer Partner



Sponsor Bar



Sponsor Bar



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ATMOSPHERE

Sponsor Bar



Sponsor Bar





CONGRATULATIONS!

- You made it to the 2025 Season!
 - 168 Teams
 - 1393 Players
- Waitlist
 - 29 Teams
 - 115 Free Agents
- Star denotes change ★

CAPTAIN

- Primary Team Contact
- Fun & Positive demeanor
- Communicates Disputes and conduct issues
- Coordinates teams activities
- Responsible for Team
- Must have acting/designated captain each night

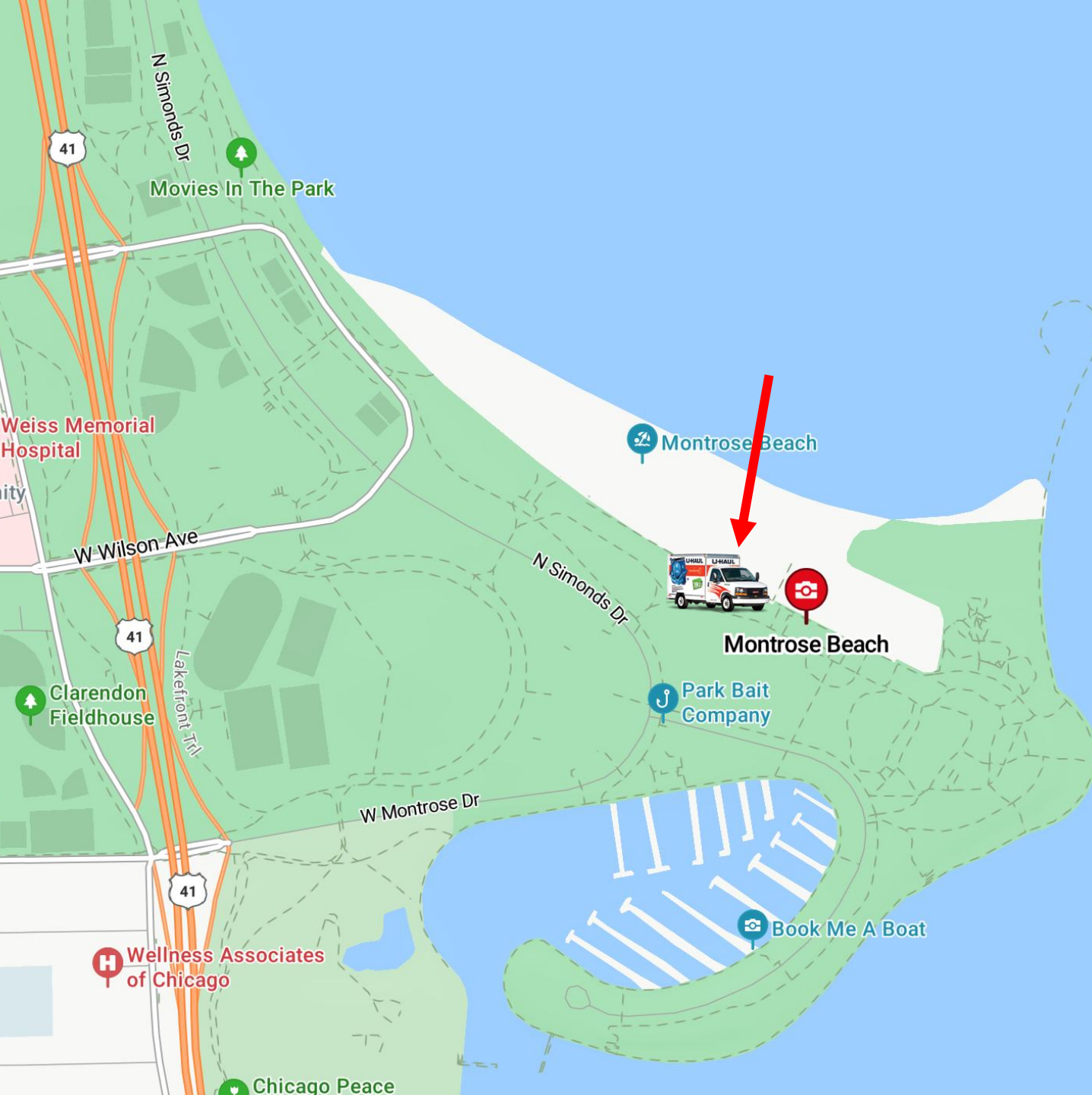


ROLE OF THE COMMISSIONER AND RULES

- Commissioner
 - Here for you
 - Organize and make sure the league runs smoothly
 - Protect the league
- Rules
 - To encourage fun and fair activities
 - To provide safety for all players
 - For Long term viability and success of the league
- Cannot bend rules for friends

LEAGUE OVERVIEW

- Montrose Beach
 - Using 46 out of 50 Courts
 - Additional Courts: Denied
-
- DIVVY frequently full
 - Free Parking difficult
 - Paid Parking lots





GAME DAY SCHEDULE

- 4:30 CMSA Arrives
- 6:00 Setup Teams Arrive
 - Pick up Scoresheet
 - Pick up Court Equipment
 - Setup Courts
- 6:30 Play Starts
- 7:10 Team Switch
- 7:50 Team Switch
- 8:30 Takedown and Return
- 9:00 CMSA Leaves

CHECK-IN

RETURN

- Captain of Set-Up Team
- Pick-up
 - Score Sheet Clipboard
 - Net Bag
 - Ball (1)
- Clipboard and Net Bag are numbered

- Captain of Take-Down Team
- Enter Scores with QR
- Return
 - Score Sheet Clipboard
 - Net Bag
 - Ball

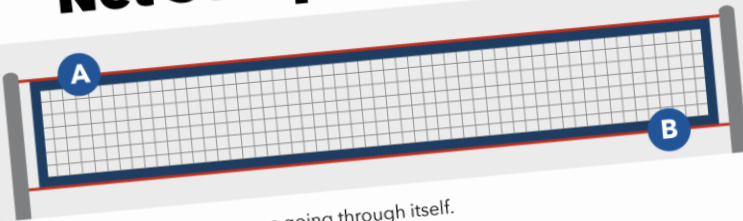
COURT SETUP

- Teams set up nets
 - Everyone should know how
 - Directions on website
- Please do not add knots
- Tie Side ropes like a shoelace
- Dig holes for stakes
- Store stakes/ratchets in bags
- Wrap/unwrap edge lines with handle

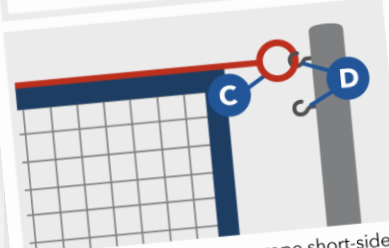


NET SETUP

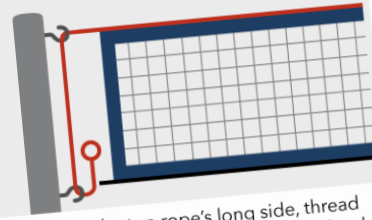
Net Setup Instructions



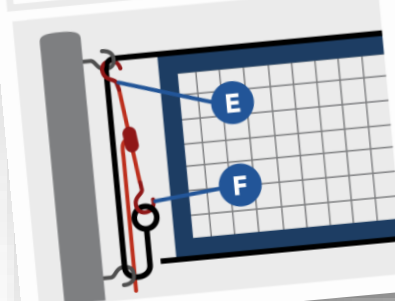
- 1** The net has two long ropes going through itself.
Top rope **A**
Bottom rope **B**
For each, one side should be short, the other should be long. All ends with a loop.



- 2** Attach the net's top rope short-side loop **C** to the pole's upper hook **D**.
(Upper hook for Men's / Open, lower hook for Women's).



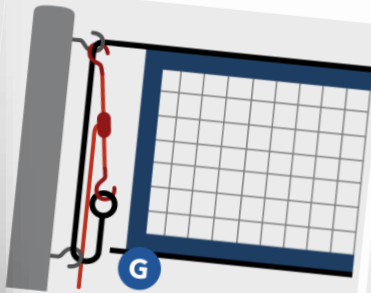
- 3** On the top rope's long side, thread the rope around the pole's top hook, then down and around the bottom hook.



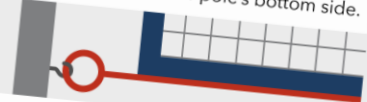
- 4** Hold the loose loop. (there may be a long extra span of rope)
If a loop does not exist or is in the wrong spot, find a CMSA staff.
Attach the top hook of the strap **E** to the top hook.
Attach the bottom hook of the strap **F** to the loose loop of the net rope.



- 5** Pull the loose end of the strap to **G** tighten the system for the top rope of the net.

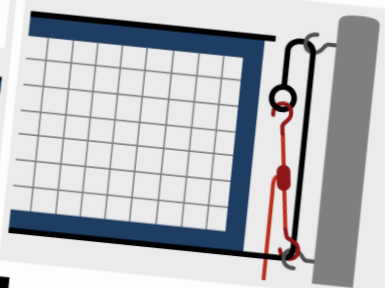
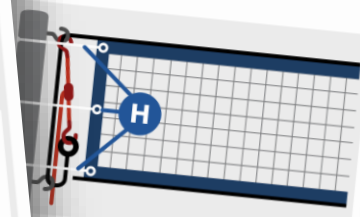


- 6** Repeat steps 2-5 for the net's bottom rope, but in reverse.
Attach the net's bottom rope short side loop to the pole's bottom side.



- Wrap the bottom rope's long side around the pole's bottom hook and up towards the top.
Attach the bottom hook of the strap (f) to the pole bottom hook.
Attach the top hook of the tie-down to the loose loop of the net rope.

- 7** Tie the three side ropes **H** to the pole like shoelaces. (black or white ropes)



Takedown



- Push the buckle on the strap to release the tension, so the ropes are loose to take off the pole hooks.



- 9** The four line stakes and the tie-down straps should be stored in the small white/red canvas zipper bag.



DIVISIONS

- If your SKILLS are too good...
- CMSA reserves the right to move or refund players who are playing in a division lower than the division they should be in.

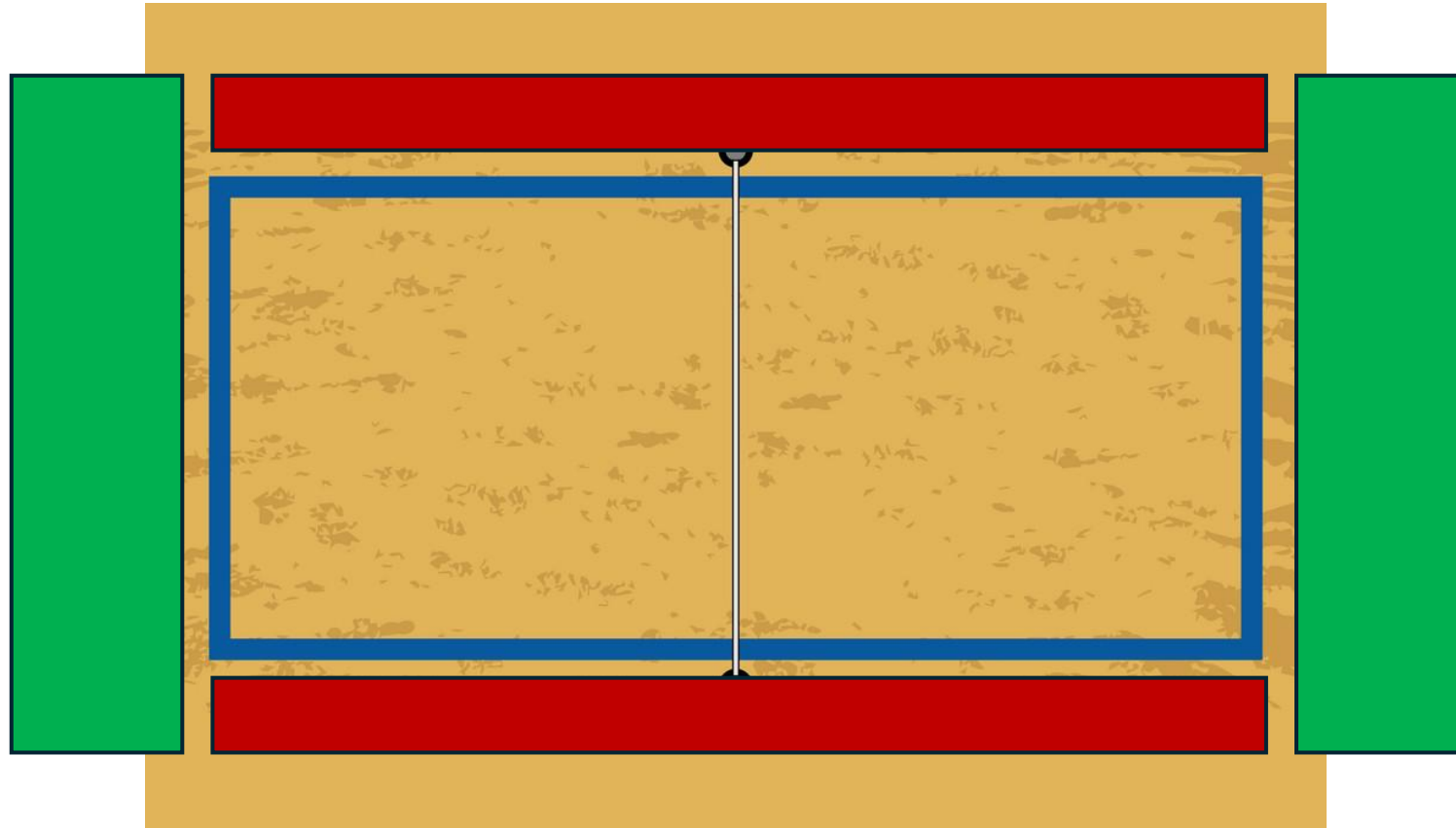




SAFETY FIRST

- Keep Ally Clear of People and Objects
- Please Do Not Sit Between Courts
- No Jewelry
 - Watches/Trackers
 - Loose Necklaces

SAFETY FIRST





CMSA Beach Volleyball

LB2 Division

Schedule

Beach Please (Luis Dominguez) ▾

May 31		Set-up	Take-down	6:30		7:10		7:50	
	Montrose 25	Bossy Beaches	K Bumps	Bossy Beaches v K Bumps	Beach Please (Luis Dominguez)	Beach Please (Luis Dominguez) v Bossy Beaches	K Bumps	K Bumps v Beach Please (Luis Dominguez)	Bossy Beaches
Jun 7		Set-up	Take-down	6:30		7:10		7:50	
	Montrose 26	Sets, Drugs & Alcohol	Beach Please (Luis Dominguez)	Sets, Drugs & Alcohol v Beach Please (Luis Dominguez)	Volley Llamas	Volley Llamas v Sets, Drugs & Alcohol	Beach Please (Luis Dominguez)	Beach Please (Luis Dominguez) v Volley Llamas	Sets, Drugs & Alcohol
Jun 14		Set-up	Take-down	6:30		7:10		7:50	
	Montrose 35	Beach Please (Luis Dominguez)	Nasty Netiquette	Beach Please (Luis Dominguez) v Nasty Netiquette	Betty Ford Potential	Betty Ford Potential v Beach Please (Luis Dominguez)	Nasty Netiquette	Nasty Netiquette v Betty Ford Potential	Beach Please (Luis Dominguez)
Jun 21		Set-up	Take-down	6:30		7:10		7:50	
	Montrose 41	Beach Please (Luis Dominguez)	It's Britney, Beach!	Beach Please (Luis Dominguez) v It's Britney, Beach!	Bump Set Slayyy	Bump Set Slayyy v Beach Please (Luis Dominguez)	It's Britney, Beach!	It's Britney, Beach! v Bump Set Slayyy	Beach Please (Luis Dominguez)
Jun 28		Set-up	Take-down	6:30		7:10		7:50	
	Montrose 47	Beach Please (Luis Dominguez)	It's Britney, Beach!	Beach Please (Luis Dominguez) v It's Britney, Beach!	Bump Set Slayyy	Beach Please (Luis Dominguez) v Bump Set Slayyy	Zoo Crew	Zoo Crew v Beach Please (Luis Dominguez)	Bump Up The Jam (4:00)

SPRAMPY

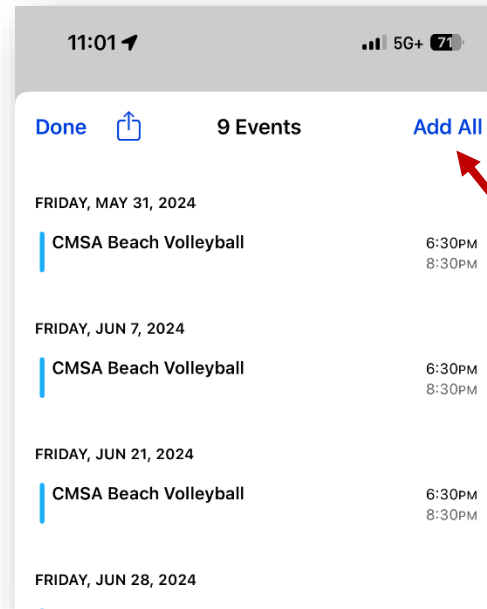
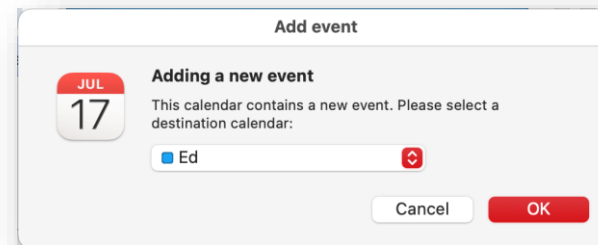
- Schedule
 - Dates and Times
 - Setup/Takedown Responsibility
- Score Tracking

SPRAMPY – ADD TO CALENDAR

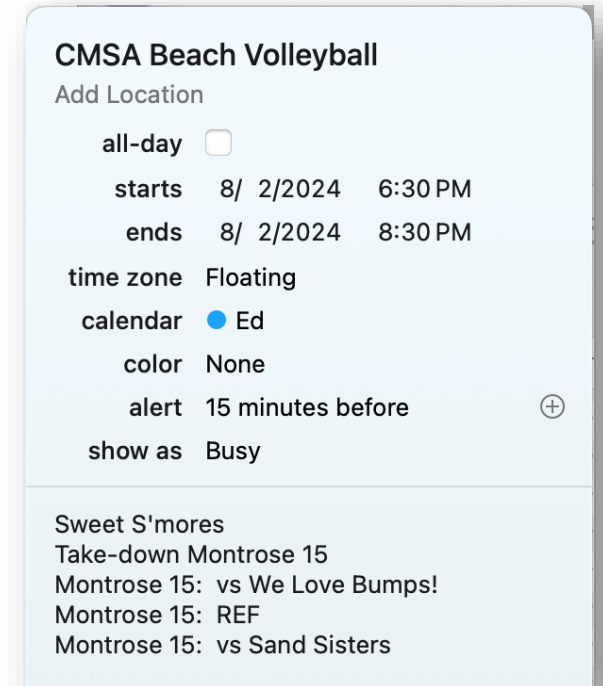
1. Go to Sprampy
2. Download Schedule
3. Click Add to Calendar Link



4. Import to Calendar



5. Be Amazed





TOURNAMENT

- Saturday August 23rd 2025
- BBQ & Snacks
- Improvements
 - Score Keeping
 - Beverages

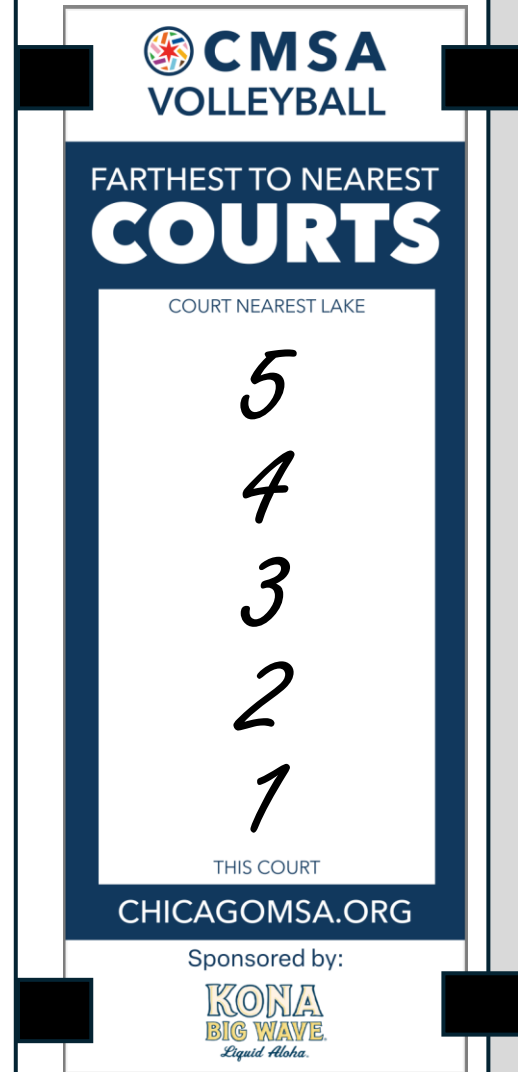
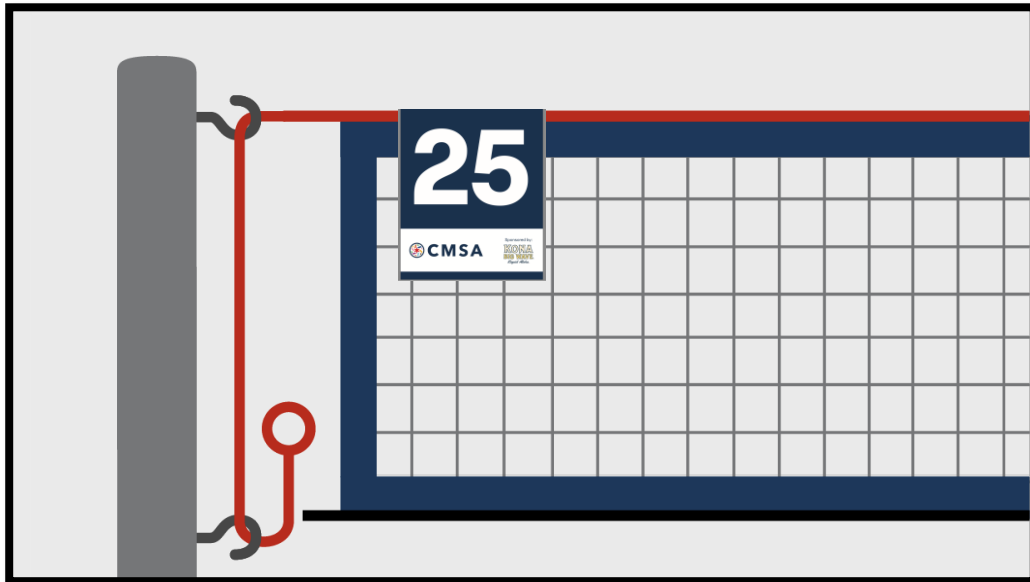
RESPECT

- Please respect players
 - Replay points during disagreements
 - Up-Ref has final say
 - We're here to have fun!
- Respect Volunteers
- Respect the Park District
 - Clean up after yourself
 - Follow Park District Rules
 - Follow Laws



POLE /COURT NUMBERS

- Numbered Courts
 - Pole Signs
 - Net Numbers



SPONSORSHIPS

1. Players pay in full
2. Sponsor pays CMSA
3. Players get partial Refunds



- 



scan to report score:

Court 1
Date: May 31

Divison	Womens
Setup	Slice of Spike
Take Down	Bump Set Dyke

Game 1	6:30 PM	Slice of Spike VS. Bump Set Dyke	WC-Consensual Sets								
	Team (A) Slice of Spike		Team (B) Bump Set Dyke	TIME OUT							
	1	2	3	4	5	6	7	8	9	Team A	Team B
	10	11	12	13	14	15	16	17	18	1	1
	19	20	21	22	23	24	25	26	27	2	2
Game 2	Team (A) Bump Set Dyke		Team (B) Slice of Spike		TIME OUT						
	1	2	3	4	5	6	7	8	9	Team A	Team B
	10	11	12	13	14	15	16	17	18	1	1
	19	20	21	22	23	24	25	26	27	2	2
Team		Game 1		Game 2							
Slice of Spike											
Bump Set Dyke											

7:10 PM		WC-Consensual Sets VS. Slice of Spike										Bump Set Dyke					
Game 1	Team (A) WC-Consensual Sets										Team (B) Slice of Spike					TIME OUT	
	1	2	3	4	5	6	7	8	9		1	2	3	4	5	Team A	Team B
	10	11	12	13	14	15	16	17	18		10	11	12	13	14	1	1
	19	20	21	22	23	24	25	26	27		19	20	21	22	23	2	2
Game 2	Team (A) Slice of Spike										Team (B) WC-Consensual Sets					TIME OUT	
	1	2	3	4	5	6	7	8	9		1	2	3	4	5	Team A	Team B
	10	11	12	13	14	15	16	17	18		10	11	12	13	14	1	1
	19	20	21	22	23	24	25	26	27		19	20	21	22	23	2	2

	7:50 PM	Bump Set Dyke VS. WC-Consensual Sets	Slice of Spike												
<i>Game 1</i>	Team (A) Bump Set Dyke									Team (B) WC-Consensual Sets				TIME OUT	
	1	2	3	4	5	6	7	8	9	1	2	3	4	Team A	Team B
	10	11	12	13	14	15	16	17	18					1	1
	19	20	21	22	23	24	25	26	27					2	2
<i>Game 2</i>	Team (A) WC-Consensual Sets									Team (B) Bump Set Dyke				TIME OUT	
	1	2	3	4	5	6	7	8	9	1	2	3	4	Team A	Team B
	10	11	12	13	14	15	16	17	18					1	1
	19	20	21	22	23	24	25	26	27					2	2
Team										Game 1			Game 2		
Bump Set Dyke															
WC-Consensual Sets															

RULES B+



- Double Contact on Set

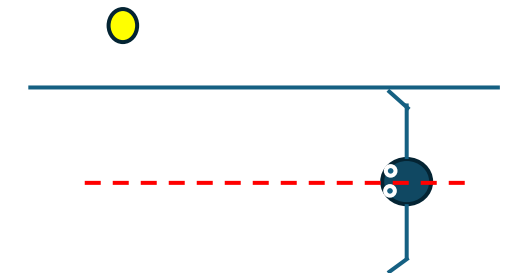
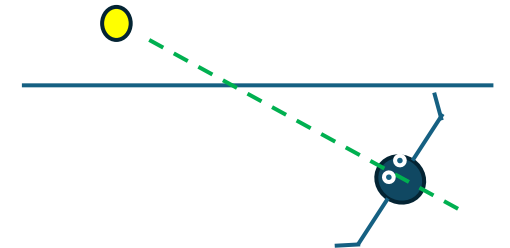
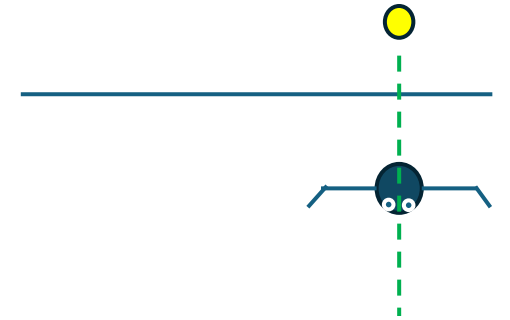
- **Allowed Provided:**
Remains on same side of court
- **Fault:**
Clear consecutive touches
- **Fault:**
Significant Spinning when crosses over the net

- No Net Touches



RULES B+

- Setting over the net
 - Must be square with the ball
 - Need-Not be square with the net
- Fault: intending to set partner, but ball goes over net





RULES B+

- No Open Hand tips
 - Positioning ball with fingers
 - [Video](#)

REFEREE TEAM



- Officiate Game
- Start Game
 - “Service”
 - Hand Signal
- Decision maker in disagreements
- Keep score
- Call out balls
- Replay points if Disagreement



ATTENTION!



NO ALCOHOL ON THE BEACH

ALCOHOL & DRUGS PROHIBITED

- Drinking Alcohol is not allowed
- Under Influence of Drugs is not allowed
- Rational:
 - The Law
 - CMSA Policy
 - Safety of all players
 - Continued support from Chicago Park District
- Random Checks
- Consequences
 - 1st: Player Suspension
 - 2nd: Player Expelled For Season
 - All fines will be responsibility of player
 - Continue team offenses may result in captain suspension or expulsion
 - No refunds will be given

WEATHER POLICY

- No Rain Cancellations
- Play Rain or Shine
- Will have Storm/Flood Cancellations
- When Chicago Park District closes the beach or conditions prevent play



FORFEITS & SUBS

- Take team attendance on Wednesday
 - Add Recurring APPT on Calendar
- Alert commissioner Thursday for Subs or Forfeit
** 24 hours in advance **
- Forfeit Request Button on Website
- Risk of Expulsion for multiple un-announced forfeits



SUBS

- Must be registered Players
- 2025 CMSA Beach VB
- Sub Request – Mandatory
 - 24+ HR Prior
 - Same Division or lower
- Unregistered Players
 - 1st: Team forfeit
 - 2nd: Team forfeit
Captain Suspended
 - 3rd: Captain Expelled

WEBSITE: CHICAGOMSA.ORG/BEACH-VOLLEYBALL

- Sprampy
- Sub Request
- Sub Volunteer
- Rules
- Additional Information
- Forfeit
- Send Ed a Nastygram

The screenshot shows the CMSA website for Beach Volleyball. The header includes the CMSA logo and navigation links: SPORTS +, EVENTS +, ABOUT +, MEMBERSHIP +, and PHOTOS. The main content is divided into two columns. The left column is titled 'ABOUT OUR LEAGUE' and contains a paragraph about the league's size and values, followed by a 'What We Offer' section with two formats (Fours and Sixes) and six levels of play (A through C). Below this are expandable sections for 'Level Details' and 'Registration Types', and three prominent red buttons for 'PROGRAMS', 'FREE AGENT REQUEST', and 'BYE WEEK REQUEST'. The right column is titled 'REFERENCES' and includes sections for 'Rules and Information' (with a link to 'Beach Rules 2024'), 'Equipment' (listing provided and team-owned items), 'Apparel' (discussing numbered shirts), and 'Photos' (listing recent events). At the bottom right is a 'Contact Us' section with email addresses for beach volleyball and board members. A '2025 Registration' link is located at the bottom left of the page.

CHICAGO METROPOLITAN SPORTS ASSOCIATION

SPORTS + **EVENTS +** **ABOUT +** **MEMBERSHIP +** **PHOTOS**

ABOUT OUR LEAGUE

CMSA Volleyball League proudly stands as one of the largest LGBTQ+ volleyball leagues in the country. We celebrate diversity, acceptance, and the joy of playing together.

What We Offer

- Two formats**
 - Fours Beach Volleyball
 - Sixes Beach Volleyball
- Six Levels of Play**
 - A** - Advanced Competitive
 - BB** - Competitive
 - BU** - Advanced Intermediate
 - BL** - Intermediate
 - CC** - Advanced Recreational
 - C** - Recreational (6x6)

+ Level Details

+ Registration Types

PROGRAMS

FREE AGENT REQUEST

BYE WEEK REQUEST

REFERENCES

Rules and Information

Teams self-referee between their matches.

[Beach Rules 2024](#)

Equipment

- All equipment is provided (Nets, lines, scoreboards, referee equipment)
- Beach Nets are set up by teams before play
 - Teams should arrive 30 min before their first game
 - [Beach Net Instructions](#)

Apparel

- Outdoor: Numbered shirts are not required

Many teams choose to create jerseys at their own expense, but it is not required.

+ Numbered Shirt Providers

Photos

- 2024 - Beach Week 1
- 2024 - Beach Week 4
- 2024 - Beach Tournament - Team Photos
- 2024 - Beach Tournament - Action Photos

Contact Us

- Beach Volleyball: beachvb@chicagomsa.org
- Volleyball Board Members

2025 Registration



FREE AGENTS

- We have free agents on the waitlist
- Free Agent Request button on website



EQUIPMENT FOR SALE

- We are replacing many nets this year
- Old Equipment for sale
- Find link to buy an old net on the website

Used Nets & Bag: \$40

Used Boundary Kit: \$20

New Cam Buckles: \$10

QR TIME!

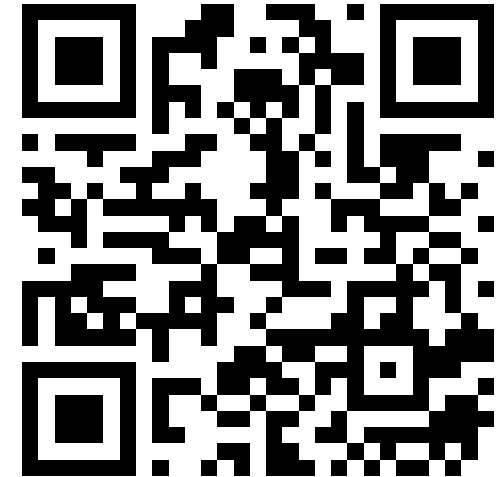
- Get your phones out to start scanning!



PRE-SEASON SKILLS CLINIC

May 24TH

- 12:00 PM SKILLS CLINIC AT MONTROSE BEACH
- 3:00 PM SOCIAL EVENT – Location TBD
- Skills clinic:
 - Improve techniques
 - Improve TEAMWORK
 - Net SETUP
- Social Event
 - Food will be provided



VOLUNTEER

NET PREP DAY

- Date TBD
- De-knot
- Prepare/Fix
- Lunch Provided



2025

Annual
MEMBER
Party

CITY HALL



"A KICKOFF TO PRIDE"



31
MAY

FOOD
&
DRINKS

7PM
11PM



RSVP REQUIRED

CHICAGOMSA.ORG/PARTY



RSVP



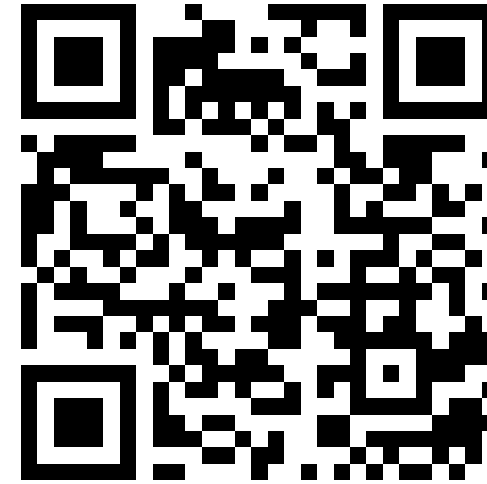
City Hall

838 W. KINZIE
CHICAGO, IL

CMSA INDOOR AWARDS PARTY



- Tuesday May 20th
- 7:00 PM to 9:00 PM
- Food provided
- Drink Tickets - RSVP



RSVP



QUESTIONS?

Ask Questions on:

SLI.DO 4123557

