

CMSA COVID-19 Safety Protocols
Updated: 12/14/2021

I. General Registration Procedures

- a. All CMSA members are advised to review the CMSA COVID-19 safety protocols before participating and registering for CMSA activities. CMSA activities are defined as in-person CMSA organized practices, games, opening/closing parties, or events. Members with the following conditions are cautioned to participate and consult with their own medical care provider.
 1. Diabetes
 2. Chronic lung condition (including asthma)
 3. Severe obesity
 4. Chronic kidney disease
 5. Heart conditions
 6. Immunocompromised
 7. Age greater than 65 years
- b. The CMSA waiver will include the following language (in addition to the current language about medical risks).
 1. I understand that an inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death and I voluntarily assume all risks related to exposure to COVID-19.
- c. CMSA will require that CMSA members and officials be fully vaccinated for COVID-19 prior to participating in any in-person CMSA activity. CMSA members will be required to attest their COVID-19 vaccination status during the registration process.
 1. CMSA defines being fully vaccinated as two shots of the Pfizer or Moderna COVID-19 vaccine or one shot of Johnson & Johnson's Janssen COVID-19 vaccine. CMSA members, participants, or officials can not participate in a CMSA activity until 14 days have passed since their last

COVID-19 shot to become fully vaccinated. COVID-19 boosters would not require a waiting period to participate in CMSA activities.

2. Any CMSA activities that have referees, officials, or umpires that were not required to register through Leagueapps.com for the sport will need the CMSA activity leader to have a system in place for tracking vaccination status. The tracking must note the individual's name, vaccination status, and contact information.

II. General Game/Practice procedures

- a. Athletes, coaches, and officials must self screen prior to participating in a CMSA activity. Self screen will be available through our website's COVID-19 updates section.
- b. Hand hygiene remains important in slowing the spread of COVID-19. CMSA will supply hand sanitizer at any facility that does not have it readily available.
- c. Masks/Face Coverings are not required unless the federal government, state, city, or the facility we are using requires us to wear a mask or face covering. Masks, if required, can be temporarily lowered to drink a beverage or eat. CMSA asks that you maintain 6 feet of distance from other participants while eating or drinking.
- d. Social distancing should be maintained as best as possible when off the field/court.
- e. Huddles are permitted, but should be kept to a minimum.

III. Screening procedure

- a. On the day of a CMSA event all athletes, officials, and coaches should self screen for COVID-19. The questionnaire will help the participant self screen by asking the following:
 1. Have you received a COVID-19 vaccine and 2 weeks have passed since the final dose?

- a. Yes – Move to question 2
 - b. No – You will not be able to participate in a CMSA activity until you can answer yes to question 1
2. Have you experienced any COVID-19 like symptoms in the last 24 hours – Fever (>100 degrees), new or worsening cough, sore throat – different from seasonal allergies, new loss of smell/taste, diarrhea or vomiting?
 - a. Yes – You will not be able to participate in a CMSA activity today.
 - b. No – Continue to question 3
3. Have you been in close contact (unmasked, within 6ft, or more than 15 minutes over a 24 hour period) within the last 5 days with anyone who tested positive for COVID-19 within 48 hours of making the close contact?
 - a. Yes – According to the CDC, vaccinated individuals should wear a mask for the next 14 days after exposure unless they get a negative COVID-19 test result 3-5 days after the exposure. You are cleared to participate today by wearing a mask during CMSA activities until the 14th day after the COVID-19 exposure has passed.
 - b. No – You are cleared to participate in CMSA activities today.

IV. Medical Eligibility Coordinator

- a. CMSA will establish a Medical Eligibility Coordinator for a yearly term to maintain confidentiality of members.
 1. It is recommended that an individual only serve in this position for 6-12 months at a time.
 2. The medical eligibility coordinator will initially be responsible only for the disposition of positive cases of COVID-19. However, their mandate may be expanded to other medical issues.

- b. Disposition of positive cases of COVID-19
 - 1. CMSA is told by any participant (athlete/official/coach) they have tested positive for COVID-19 within 48 hours of participating in a CMSA sport:
 - a. Contact the Medical Eligibility Coordinator with:
 - i. Name of participant
 - ii. Sport
 - iii. Games participated in
 - 2. The Medical Eligibility Coordinator will:
 - a. Contact all individuals who participated with the individual to inform them of potential exposure. They will NOT disclose the individual's name.
 - 3. To return to play after a positive test for COVID-19 the following conditions must be met:
 - b. No fever for 72 hours (without the aid of fever reducing medications)
 - c. Improvement of respiratory symptoms
 - d. Minimum of 10 days since the onset of symptoms
 - e. Note of clearance from medical provider submitted to the Medical Eligibility Coordinator
 - f. The Medical Eligibility Coordinator will be responsible for informing league commissioners if anyone from their sport is not eligible to play for medical reasons.
 - g. The note of clearance should be filed confidentially for 1 year and then destroyed.
- c. Other procedures
 - 1. If requested, CMSA will provide names of individuals who had potential exposure to COVID-19 to contact tracing/health agencies.
 - 2. The contact tracing agency will reach out to individuals and determine the risk of exposure and what steps need

to be taken. It will be up to the individual to follow these steps and answer all screening questions honestly.

V. **Individual Sport Expectations**

a. Prior to registration being opened for a sport, the commissioner will review the current CMSA COVID-19 safety protocols and make sure the participants have attested proof of vaccination. CMSA members registered prior to the updated COVID-19 procedures listed here can still participate in the sport they registered for but will not be able to sign up for additional sports without attesting to COVID-19 vaccination status.

1. Anyone in CMSA that is discovered for falsifying their attestation to being fully vaccinated for COVID-19 while participating in a CMSA activity will be subject to disciplinary action. The person who is suspected of falsifying their COVID-19 vaccination status will be required to show proof of their vaccination card to a member of the CMSA main board. The suspected person is suspended from all sports until they can provide proof and receive confirmation from a CMSA main board member. If the suspected person is not able to provide proof, they will not be able to participate in any CMSA activities until they can provide proof of being fully vaccinated to COVID-19. The CMSA main board will decide the disciplinary action on what to do when a person falsifies their vaccination status of COVID-19 to CMSA. This can lead up to expulsion from CMSA. If the suspected person is able to provide proof of vaccination for COVID-19 that was eligible at the time of their participation in a CMSA activity, then they will be eligible to participate in CMSA activities.

2. Commissioners or any of the league leadership team can request proof of vaccination for any spectators during indoor sports.