



CMSA Kickball – COVID-19 Protocols

I. Screening Procedures

- a. All players, coaches, and referees must complete the COVID-19 screening procedure upon arrival to the park. We recommend being 15 minutes early to complete the process.
- b. All members are advised to consult their own medical care provider before returning to play in Phase 4. Members with the following conditions are advised to consider delaying their return to play until Illinois has entered Phase 5.
 - i. Diabetes
 - ii. Chronic lung condition (including asthma)
 - iii. Severe obesity
 - iv. Chronic kidney disease
 - v. Heart conditions
 - vi. Immunocompromised
 - vii. Age greater than 65 years
- c. A CMSA Volunteer will provide all athletes, referees, and coaches four questions to answer verbally.
 - i. Please indicate which of the following statements are true or false
 1. You are experiencing any of the following symptoms: Fever(>100 degrees), new or worsening cough, sore throat (different than season allergies), new loss of smell/taste, diarrhea, or vomiting.
 2. You have a household member or other close contact that has been diagnosed with COVID-19 in the past 14 days.
 3. You are currently under an order to self-isolate by a health care provider or governmental health agency.
 4. None of the previous statements apply to me.
 - ii. If anyone indicates that any of the statements 1-3 are true, that person must leave the facility. The person will not be allowed back to play until they have documentation that they have tested negative for COVID-19 or a note from a health care provider that they do not need to be tested.
 - iii. Participants for whom questions 1-3 are false and 4 is true will be given a wristband indicating they are clear to participate. Wristbands will be provided when the screening procedure is complete. Participants who have a wristband go missing will need to visit the COVID-19 screening station.
 - iv. Screening documentation will be kept on file for 1 year and then destroyed.

II. Communication



- a. Participants will receive an email each week to remind players, coaches, and referees of the COVID-19 policies.
- b. The weekly email will also address any relevant issues brought to the kickball commissioner pertaining to COVID-19.
- c. Reports of positive cases with COVID-19 will be handled by the CMSA Medical Eligibility Coordinator. Names of the individuals will be kept confidential.

III. Before, during, and after games

- a. Players, coaches, referees, and spectators are required to wear masks or a facial covering that cover the individual's mouth and nose.
 - i. Acceptable masks or facial coverings – Medical grade face masks, homemade masks, bandanas, neck gaiters, scarves, tightly woven fabric.
 - ii. It is a suggestion to bring an additional mask in case you have a malfunction.
 - iii. Players can temporarily remove the mask when off the field and respecting 6 feet of social distancing.
- b. Kicking orders/lineups will only be exchanged verbally.
- c. Players should avoid doing huddles, high fives, and handshakes.
- d. We will not use dugouts since they prevent 6 feet of social distancing.
- e. Each team will be provided a kickball to use while they are on the field
 - i. Each team is responsible for disinfecting the ball with CMSA provided sanitizer between innings
 - ii. It is each team's responsibility to make sure they bring their kickball to the field to play defense and disinfectant the ball between innings.

IV. Failure to comply

- a. Failure by any player, coach, or referee to follow these prescribed guidelines and CMSA will result in that person being banned for the remainder of the 2020 season.
- b. Banned players will not receive a refund.